

Referral Form



Please send Referral Form To:

Andover Young Carers
Churchill Bungalow
Admirals Way, Andover
Hampshire
SP10 1QY
01264 333788
info@andoveryoungcarers.co.uk
www.andoveryoungcarers.co.uk

Please read ALL the information below before making a referral	Done
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The Whole Family Approach

When assessing the support required by a young carer it is important to consider the needs of the whole family and how these needs impact on one another. The *Whole Family Pathway* www.youngcarer.com is a web-based resource signposting professionals to support for young carers and their families. Following the pathway will help you to understand the assessments and support available for young carers. There is a need to be sensitive to cultural perceptions and needs around disability, illness and caring whilst recognising a child's fundamental rights to a safe and secure childhood.

A young person may be involved in the care of an adult or child if they have:

- a physical disability or sensory impairment
- a learning disability
- a long-term illness
- HIV/Aids
- mental ill health
- drug/alcohol-dependency

More information about the extent of the impact of the person's condition on the family may be gained by asking the following questions:

1. Who helps to care for the person at home?
2. What effect does their condition and personal care needs have on the family?
3. Is there a child/young person in the family who helps to provide care?
4. How does this affect the child/young person physically, emotionally, or educationally?
5. Is there any direct help that would support the young carer?
6. Does the parent need support in their parenting role?
7. What can be offered to help the whole family?

Some families may not know about the services or support available to them. Some families may be reluctant to involve agencies in their family situation or be fearful of acknowledging children's caring roles.

Defining a Young Carer

"Children and young people under the age of 18 who provide regular and ongoing care and emotional support to a family member who has a long-term illness, disability or addiction to drugs and/or alcohol".

While most children and young people help parents to some degree some may be taking on caring responsibilities that are inappropriate for a child and that have a negative impact on their own well being.

Identifying a Young Carer

Inappropriate levels of caring impact on a child's emotional and physical health as well as their educational achievement and life chances.

The following are examples of the effects on children and young people providing care who are not supported:

- Problems at school, with completing homework and getting qualifications.
- Lack of aspirations and career opportunities
- Isolation from other children of the same age and from other family members, feeling that no one else understands his or her experience.
- Lack of time for play, sport, or leisure activities
- Conflict between the needs of the person they are caring for and their own needs leading to feelings of guilt and resentment.
- Lack of recognition, praise, or respect for their contribution
- Emotional impacts, such as worry, depression, self-harm.

Some young carers experience being stigmatised or bullied, and some may have behavioural difficulties. However, there are also positives for young carers who are well supported.

- Increased Independence and maturity for their age
- Advanced life skills such as a caring attitude or being a good listener.
- Increased knowledge of disability and illness

Caring Tasks

Some examples of the tasks young people undertake are:

- **Household chores** – including washing, cooking, and cleaning on behalf of the whole family.
- **Personal care** – such as giving medication, changing dressings, assisting with mobility.
- **Intimate care** – washing, dressing, and assisting with toilet requirements.
- **Emotional support** – monitoring and meeting the emotional needs of the person.
- **Childcare** – helping to care for younger siblings, including escorting to school, in addition to other caring tasks.
- **Other** – household administration such as paying bills. Accompanying the cared-for person to hospital. Acting as a translator for non-speaking sensory impaired.

Information Sharing

Effective and timely information sharing between agencies and partners is critical to the provision of early intervention and preventative work; to support transitions; and, for safeguarding and promoting the welfare of young carers. We will expect practitioners to follow the seven "golden rules" for information sharing:

1. Understand Data Protection legislation is not a barrier to sharing information.
2. Be open and honest.
3. Seek advice when necessary.
4. Share consent where appropriate.
5. Consider the child's safety and welfare.
6. Gather and keep information that is necessary, relevant, accurate, timely and secure.
7. Keep a record of information shared.

Referral Form Check List	Yes	No
The young person is between under 18 years old		
The young person lives in the Andover area or the surrounding areas		
The young person is caring for a family member		
Has the referral been discussed with the young person		
Has the referral been discussed, shared, and consented to by the parent		
Is the young person's school aware of the referral		

If you have ticked 'No' to any of the above, please contact us before making the referral: 01264 333788/info@andoveryoungcarers.co.uk

Referrer details:			
Name		Email	
Agency		Position	
Address			
Landline		Mobile	
Date			

Parent of young person being referred details:			
Name		Email	
Address			
Landline		Mobile	

Organisational Confidentiality/GDPR Statement			
<p>Andover Young Carers will keep all information provided on this referral form about your family confidential. However, we will share some information on a 'need to know' basis if it will enhance the service provision to your child and family.</p> <p>By signing this referral form you are giving consent to allow Andover Young Carers to store this information about you and your family. The information is stored on a database which is accessed by Hampshire Young Carers Alliance. We will keep this information safe and secure. For more information see our GDPR privacy notice.</p>			
Parent Signature:		Date:	

Why is the young person being identified as a Young Carer?

Young Person being referred *(please replicate if more than one individual):*

Name		Gender	
Age		Date of Birth	
School/Year Group			
Does the young person have a recognised disability?	Y/N* <i>(if 'Y' please describe)</i>		
Is the young person aware of, and do they understand, the illness or disability of their cared for individual?	<i>(Please give as much detail as you can)</i>		
How much caring responsibility does the young person have?	<i>(Please give as much detail as you can)</i>		
What are the impacts of caring on the young person?	<i>(Please give as much detail as you can)</i>		
What support needs have been identified for the young person, and if so, how have these been addressed at home and/or school?	<i>(Please give as much detail as you can)</i>		

Cared for Individual details *(please replicate if more than one individual):*

Name		Relationship to Young Person	
Gender		Date of Birth	Age

Please give as much detail about the illness, disability, or long-term health condition.

How does this affect the family?

Other services supporting family:			
Agency Name		Name	
		Position	
What support are they providing?			
Landline		Email	
Mobile			

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Useful Websites

Andover Young Carers

www.andoveryoungcarers.co.uk

Hampshire Young Carers Alliance

www.hyca.org.uk

Hampshire County Council

www3.hants.gov.uk/childrens-services/childrenandyoungpeople/youngcarers.htm

The Children's Society

www.youngcarer.com

Carers Trust

<https://carers.org>

National Health Service

www.nhs.uk/CarersDirect/young/young/Pages/Overview.aspx